

Sample SEBC Ride Posting

Email your announcement to: Sierraexpress@gaggle.email

Subject: SEBC Saturday 1/15 Ride

Hello (Saturday) riders:

Join me for a (*casually/moderately/fast*) paced ride at/around (*location*).

Details:

When: Saturday, 1/15. Pedals down @ (10:00 am) time

Where: (provide start location, with the street address)

What? A (*casually/moderately/fast*)-paced ride of xx miles with about xxxx feet of climbing.

We will regroup (frequency). (*If possible add that no rider left behind.*)

(*If you have a ride with GPS route, include it here. Typical Club routes can be found at <https://sierraexpress.org/htmls/local.html>.)*)

As always, helmets are required. If you have any questions, feel free to call me. See you there!

[Optional-Please RSVP]

(Your name and contact info)

Ride Leader

(phone #, email)

Email your announcement to: Sierraexpress@gaggle.email

SEBC Ride Leader Guidelines

1. **Pick a Day and a Route.** Ideally you've got a Ride With GPS route or turn-by turn instructions for your route. Keep in mind that we continually have new club members that may not know what "Drum" is or the "y". It is ideal to have the following information for your route:
 - Starting address or specific location
 - Mileage
 - Estimated climb
 - Route (ride with gps, if possible)

In picking a day, it is best not to conflict with another similar length ride in the area. Check the club calendar and recent emails.

2. **Post** (email) the ride to the Club. Do this several days to a week in advance if possible, more if the ride is out of town. To notify the club, email the club at Sierraexpress@gaggle.email. Include in your email:
 - Date and time (you may want to specify pedals down time)
 - Starting location
 - Route, mileage, climb and pace
 - Sweep? Our policy is no rider left behind.
 - Helmets are required for club rides.
 - Contact info, including email and cell.

Optionally, you can include planned regroupings, water stops, etc.

3. **Day of ride.** Assemble riders and introduce yourself, welcome new riders. Include an overview of the route, including regroupings, bathrooms, water stops, tricky turns, etc.
4. **Sign in Sheet.** Have riders sign into the sign in sheet to get their phone number and emergency contact number.

Our ride leaders are the most important part of our Club. Thank you!!